



## The Power of **لَا هَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ** : A Treasure from the Treasures of Jannah

### Description

Bismillahi wal Hamdullillah was Salaatu Was Salaamu **لَا إِلَهَ إِلَّا اللَّهُ** Alaa Rasoolillahi

Ammaa Ba**لَا إِلَهَ إِلَّا اللَّهُ** d:

Upon the authority of Abu Hurairah **رَضِيَ اللَّهُ عَنْهُ** Radhiyallahu **عَنْهُ** Anhu **عَنْهُ** who said: **عَنْهُ** The Messenger of Allah **صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ** Sallallahu Alaihi wa Salam said to me: **عَنْهُ** **Say **لَا هَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ** (There is no might or power except with Allah) in abundance, for indeed it is from the treasures of Jannah**

(Collected by Bukhaari (6952) and At Tirmidhi (3601) upon the authority of Abu Musaa Al Ash**عَنْهُ** aree -Radhiyallahu Anhu)

Meaning this is a treasure that will be preserved and rewarded to the servant in Jannah if he says it!

As far as its meaning is concerned then **لَا هَوْلَ** meaning **لَا تَهْوِيلَ** which is to change from one affair to another. That is there is no ability to change and turn from disobedience and sin except with Allah. As for **لَا قُوَّةَ** then it literally means no power or might, that is one has no power or ability to carry out acts of obedience except with the aid of Allah. Thus the statement is one that bonds and connects the servant to his lord if it is understood.

Upon the authority of Qais ibn Saâd Radhiyallahu anhu who said that the messenger of Allah said: **Should i not indicate to you a door from the doors of Jannah?** I said: **Of course!** he said: **Laa Haula Wa Laa Quwwata Illaa Billah!**

(Collected by At Tirmidhi (3581) and declared Saheeh by Shaikh Al Albaani Rahimahullah)

Upon the authority of Abu Huraira who said that the Messenger of Allah Sallallahu Alaihi Wa Sallam said: **Should i not teach you (or he said) indicate to you a statement from beneath the throne of Allah from the treasures of Jannah?** Say: **Laa Haula Wa Laa Quwwata Illaah Billah** **So Allah says (i.e. when the servant says that) My servant has submitted and surrendered**

(Collected by Al Haakim (54) and declared Saheeh By Shaikh Al Albaani in Saheehul Jaami 2614)

Indeed when the Messenger went upon the night journey he met the father of the prophets and messengers Ibraaheem who commanded him to convey some advice to his Ummah

Upon the authority of Ibn Masood Radhiyallahu Anhu from the messenger who said: **When it was the night that I went upon the night journey I met Ibraaheem in the seventh heaven- who said to me: Oh Muhammad! Convey my salaams to your Ummah and inform them that the soil of Jannah is good and its water is sweet and fresh and it is a Qeeaan (i.e. a beautiful open plain, perfect for cultivating) and that it is cultivated with: Subhaanallah and Al Hamdullillah and Laa illaaha illallah and Laa Haula Wa Laa Quwwata Ilaa Billah**

(Collected by At Tabaraani in Al Mujaam al Kabeer and declared Hasan by Shaikh Al Albaani in Saheehul Jaami )

**The Messenger thereafter advised his ummah generally with it and specifically:**

Upon the authority of Ibn Umar Radhiyallahu Anhumaa who said: The messenger of Allah Sallallahu Alaihi wa Salam said: **Be plentiful in sowing the seeds of paradise, for indeed its water is sweet and fresh, and its soil is good, thus be plentiful in planting its seedlings** **Laa Haula Wa Laa Quwwata illaa Billah**

(Collected by At Tabaraani in **Al Muâjam Al kabeer** (13354) and declared **Hasan** by Shaikh Al Albaani in **Saheehul Jaami** (1213)

As far as him advising specific individuals then:

**His advise to Abu Dharr Al Ghifari **Radhiyallahu anhu**:**

Upon the authority of Abi Dharr:

**Oh Abaa Dharr! Should I not indicate to you a treasure from the treasures of Jannah?: **Laa Haula Wa Laa Quwwataa Illaa Billah****

(Collected by Ahmad in his Musnad and declared **Saheeh** by Shaikh Naasir in **Saheeh Targheeb** 1585)

**His advise to Haazim ibn Harmalah Al Aslami:**

**Oh Haazim! Say **Laa Haula Wa Laa Quwwata Illaa Billah** plentifully, for indeed it is a treasure from the treasures of Jannah**

**His advise to Abdullah ibn Qais **Radhiyallahu anhu****

**Oh Abdullah ibn Qais! Should I not indicate to you a statement that is a treasure from the treasures of Jannah? **Laa Haula Wa Laa Quwwata Illaah Billah****

(Agreed Upon)

**His advice to Abu Hurairah **Radhiyallahu anhu****

Upon the authority of Abu Hurairah **Radhiyallahu anhu** who said:

We were walking with the Messenger of Allah **Sallallahu Alaihi Was Salam** in a garden in Madina when he said: **Oh Abaa Hurairah** so i responded **I am here at your service Oh Messenger of Allah!** so he said: **Indeed those who indulge much (in the life of this world) they will have the least (on the day of Judgement) except one that who does like this and this with his wealth** and he gestured with his hand to the left and the right (ie that he gives his wealth to the left and to the right) **and they indeed are few** then he said: **Oh Abaa Hurairah Should i not indicate to you a treasure from the treasures of Jannah?** so i said: **Certainly Oh Messenger of Allah!** he said: **You should say:**

□□ **Laa Haula Wa Laa Quwwata ilaa Billah wa Laa Maljaâ** □□ **a wa laa manjaa illaa ilaihiâ** □□ (There is no ability to turn from disobedience nor power to carry out acts of obedience except with Allah. And there is no one protection from evil is sought from, nor one that grants salvation except him.). Then he said â□□ **Oh Abaa Hurairah! Do you know what the right of Allah upon his servants is and his servants right upon Allah?**â□□ So i said: â□□ Allah and his Messenger know bestâ□□ He said: â□□ **The right of Allah upon his servant is that they worship him and do not ascribe partners with him, and the servants right upon Allah is that he will not punish one who does not acscribe partners with him**â□□

(Collected by Al Haakim in his *Mustadrak* and declared *Saheeh* by Shaikh Al Albaani in *Saheeh Targheeb* 3261 and *As Saheehah*: 1766)

âĶĶ Laa MaljaâĶĶ a: There is no âĶĶ MaljaâĶĶ a (lit: Something that one seeks protection in or resorts to)

Laa Manjaa: There is no *Manjaa* : (lit: one that grants salvation and security)

Wallahu taâlam aalaa Aâlam

[www.twitter.com/abuhakeembilal](https://www.twitter.com/abuhakeembilal)

## Category

1. Hadeeth
2. Worship

**Date**

09/17/2025

## Date Created

12/20/2011