



Types of Laughter

Description

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Muhammad ibn al-Nu'aiman ibn Abd al-Salam said: **أنا لم أجد أحداً أكثر عبادة من يحيى بن حماد، وأعتقد أنه لم يضحك.**

I say: Smiling and light laughter are preferable. The absence of laughter among scholars falls into two categories:

1. **Praiseworthy:** When it is done out of good manners, fear of Allah, and sorrow for one's own wretched state.
2. **Blameworthy:** When it is done out of foolishness, arrogance, or pretense.

Excessive laughter leads to being taken lightly, and there is no doubt that laughter in youth is more excusable than in old age.

As for smiling and having a cheerful countenance, they are superior to all of this. The Prophet (peace be upon him) said: **أنا أرى أن ابتسامك لbrotherك خير من صلاتك.**

Jarir said: **أنا أرى أن رسول الله (صلى الله عليه وسلم) لم يره إلا وهو يبتسم.** This is the character of Islam. The highest station is for one who weeps at night and smiles during the day.

There is something else to consider: Those who are prone to laughter and smiling should moderate it and reproach themselves so that they do not become distasteful to others.

Conversely, those who are stern and reserved should strive to smile, improve their character, and reproach themselves for their poor manners. Any deviation from moderation is blameworthy, and the soul must be disciplined and trained.

(Siyarul Aâlaa laamin Nubalaa: 10/140)

Category

1. Character and Mannerisms

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