



## Winter Fasting: Easier Rewards with Hadith on **الغنيمه** Cool Ghaneemah

### Description

Bismillahi wal Hamdullillah was Salaatu Was salaamu **السلام** alaa rasoolillahi,

Ammaa Ba**السلام** d:

Since this fast of Aashooraa falls within the beginning of the winter months here is a benefit concerning the virtue and blessing of fasting during winter.

Upon the authority of Anas ibn Maalik **رضي الله عنه** Radhiyallahu Anhu **رضي الله عنه** who said that the Messenger **صلى الله عليه وسلم** Sallallahu **عليه وسلم** alahi was Salam said:

**الغنيمه** *Fasting during winter is the Cool Ghaneemah (spoils of war)***الغنيمه**

(Collected by Imaamut Tabaraani in **المعجم الاوسط** Mu**الجم** jam Al Awsat**الجم** and declared **صحيح** Hasan**الجم** By Shaikh Al Albaani in Silsilatul Ahaadeethus Saheehah: 1922)

Concerning the meaning of the Hadeeth Imaam Manaawi mentioned:

**الغنيمه** *Meaning it is that thing by way of which one may receive pardon (from Allah) without difficulty, due to the shortness of the days and their coolness and there being no (pressing) need for food and drink (as is the case in the winter months)***الغنيمه**

(At Tayseer 2/208)

He mentions elsewhere:

â Meaning that fasting during winter is resemblant to recieving spoils of war in cool periods. The factor that is present within both affairs is that one obtains benefit without effortâ

(At Tayseer 2/320)

Therefore let us capitalise upon this great blessing from Allah Subhaanah and take the ease that Allah has blessed us with from his mercy.

Wa Sallallahu â Alaa Nabiyyinaa Muhammad

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### Category

1. Fiqh
2. Hadeeth
3. Worship

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